

Dear Coaches,

Welcome to another season of AYSO soccer. Just a quick note to remind you of a few items that need to be addressed each season.

The five philosophies of AYSO are:

EVERYONE PLAYS – that means all the kids on your team, regardless of ability, play the same amount of time each game. If you end up with an extra player who has to sub out twice in one game be sure to keep track of that and only have him sub out twice one time per season.

BALANCED TEAMS – You may not get all the players that you wanted or who asked for you. The division directors work hard to make sure that the teams all play to the same ability. Please explain that to the parents when you have the team meeting.

OPEN REGISTRATION– Anyone can play from anywhere. We have kids playing from Blackfoot, Shelley, Arco, Rigby, Rexburg, and Dubois.

POSITIVE COACHING – Coaches remember you are here for the kids. Be positive and willing to help each other when the need arises. You each may be refereeing one half of your teams games. Be fair and positive to both sides so that there is no negativity at the games and practice. Remember that games take priority on the fields. All games start at 6:00 pm-6:30 pm and you'll need to time your practices if you play on fields where games are to be played.

GOOD SPORTSMANSHIP – Remember that it's the kids who are playing and not you. There is never a time when you should let negative emotions override the positive ones. You are to be the example for the children. If a problem arises please call your division director. Have your kids(you, too) shake hands with the other team after the games, say thank you to those who helped referee, and pick up all the trash left on the fields.

Playing times and substitution rules for each division are below;

U6- play 7 to a side inc. a goal keeper, 8 minute quarters with subs at the quarters and half

U8- play 7 to a side inc. a goal keeper, 10 minute quarters with subs at the quarters and half

For both U6 and U8, quarters should last no longer than 3-5 minutes.

U10- play 8 per side inc. keeper, 12 ½ min. quarters with subs going in around 12 ½ min. mark Coaches, this is not a rest period but a substitution time. Please sub as quickly as possible.

U12- play 11 per side with 30 min. halves with subs going in at throw ins, goal kicks, corner kicks, and on goals scored. Subs and players should enter and exit at the half line.

Half times should last between 5-10 minutes for all ages.

There will be an end of the year party for all coaches and their families. It will be held on Oct. 18 at the Paramount Theater. We ask that all equipment be returned at that time. We also have medals for all the kids that will be handed out towards the end of the season. If you have any questions please call your division director or the hot line number at 528-8524.

HAVE A GREAT SEASON!!!