

Playing Up:

Players will be assigned to an age group based upon their date of birth.

If you wish your child to play up into the next age division you must:

- Come to a meeting of the Regional Board and explain your needs and why playing-up should be allowed.
- Coach or assistant coach your child's team. This assures the player is correctly supervised and does not place an extra burden on another coach.
- There may be no more than two children playing-up on any given team.